

GRASS



DEAN DANA BROOKS' 41-YEAR LEGACY

ALSO INSIDE:

OVERCOMING INJURY

Attempting to achieve recovery, athletes should rely on physical and psychological techniques.

KICK-STARTING CHANGE

A team of WVU researchers aims to empower women and spark social change in Mexico.

FALL 2019

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On the cover: Dean Dana Brooks' career has intermingled with the history of WVU and CPASS for decades, as this cover illustration depicts.

WVU is an EEO/Affirmative Action Employer — Minority/Female/Disability/Veteran. The WVU Board of Governors is the governing body of WVU. The Higher Education Policy Commission in West Virginia is responsible for developing, establishing and overseeing the implementation of a public policy agenda for the state's four-year colleges and universities. (CPASS181001)

Letter from the Dean



Dear CPASS Alumni and Friends,

It is my honor to be writing this letter for the fall 2019 issue of the CPASS magazine. Dana Brooks has retired as the dean of CPASS after 41 years of service to the College. We are eternally thankful to him for his enduring service and leadership. The CPASS Visiting Committee has initiated a drive to endow a CPASS scholarship in Dana Brooks' name. If you have interest in contributing to this scholarship, please visit advancing.wvu.edu/project/15841 to make a gift.

I am serving as interim dean of the College. As an introduction, I am a 1994 CPASS graduate with a master's degree in sport studies and have worked in CPASS for 18 years. My goal for this year is to help guide our College in a direction to allow us to be successful into the future.

CPASS will face many challenges over the coming years and will need to be proactive moving forward. The College must overcome a mandatory transition of the Athletic Training program to the School of Medicine due to accreditation changes and WVU's discontinuation of the academic common market program agreement, which previously attracted many students to our programs.

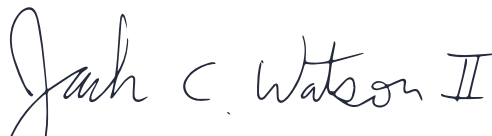
As a solution, we have developed a new major titled Health and Well-being and strengthened our online master's degree programs. The College is considering possible changes to programming to help us attract more and higher quality students, including a fully online undergraduate major in multidisciplinary studies and a fully online EdD in coaching and teaching studies.

The new major in Health and Well-being will have tracks for students to receive either a Bachelor of Science or a Bachelor of Arts. The BS option will serve students who are currently admitted into WVU within a pre-health profession major and will help them meet the criteria necessary for admission into health-related programs in areas such as nursing and athletic training. We foresee the future development of a 3+2 program for early admission into the new master's degree program in athletic training.

The BA is a less science-intensive option for students who want to work in non-school based well-being settings. These students may complete the necessary requirements for several certifications to help with career development.

Over the past year, we have invested heavily in our online programming at the master's degree level. Led by Sean Bulger, associate dean for graduate and online education, these programmatic changes and additional resources have resulted in a more than 100 percent increase in online enrollment during the past year.

In summary, we have been working aggressively to ensure that our college remains at the forefront of kinesiology programs and has the resources necessary to be successful. I am excited to help guide CPASS into the immediate future and believe that we have the opportunity and means to continue and enhance the legacy of the College. Should you have any questions or concerns, please do not hesitate in reaching out to my office.


Jack C. Watson II, PhD
Professor, Interim Dean Associate Dean

amsterdam

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Sparkling female empowerment in rural Mexican communities through the development of soccer skills.

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After 40+ years of service, Dean Dana Brooks leaves behind a legacy of innovation and advocacy.

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Snapshot

► A Journey to Scandinavia

It was a study abroad journey designed to give both undergraduate and graduate students the opportunity to expand their professional network in sport and exercise psychology. From Halmstad, Sweden, to Copenhagen, Denmark, this faculty-led trip allowed students to attend lectures at Halmstad University, explore the Scandinavian School of Golf, attend sporting events and tour various cities in both Denmark and Sweden. Students participated in unique activities and Swedish sporting events like handball, met leaders in the field of sport and exercise psychology at Halmstad University, sampled food and immersed themselves in the culture of great cities like Amsterdam (pictured above).

Scott Barnicle, assistant professor of sport and exercise psychology, says the exploration of new cultures and hands-on learning about the sport and exercise psychology field in Scandinavia was unique and will strengthen the students' understanding of sport science.

Read more about student learning outside the classroom on pages 6-7.



Brian Persinger

A new, highly customizable CPASS major allows students to pursue their passion of improving health and well-being for real people.

A Focus on Health and Well-Being

A new CPASS major will open a flexible track toward health science and non-school based community health-related careers, beginning in fall 2020. Students in the fully approved Health and Well-being major can tailor a degree program within a diverse field, targeting a variety of roles.

The curriculum is designed to help students plan their degree program while preparing for the future. The customizable major features community partnerships, hands-on learning, student research and mentorship.

A customizable approach allows students to take additional electives, leading to various graduate and professional programs and specific career goals. This is an ideal major, since, according to the Bureau of Labor Statistics, healthcare occupations are projected to grow at a faster rate than the average for all occupations.

Students in the major may select from one of two degree possibilities. The BS option includes many of the necessary science prerequisites or open electives to become eligible for admission to health-related graduate programs such as nursing and athletic training or other allied health-related fields like physical and occupational therapy and chiropractic.

An alternative career pathway includes foundation courses for those interested in community health and well-being, available within the BA degree. Graduates from this program can work with different clients supporting healthy habits such as nutrition, physical activity and fitness, stress management, financial health and environmental health.

The program allows students to further modify their degree by adding an area of emphasis related to their specific career and academic goals. All areas of emphasis include an internship experience and include adventure and outdoor learning, aquatic physical activity, fitness, recreational sport and therapeutic exercise and rehabilitation.

Additional career possibilities include medical equipment and pharmaceutical sales representative, healthcare communications specialist, hospital administrator, healthcare project manager and allied health professional.

"Whether you see yourself in a hospital, recreational setting or an aquatic facility, the Health and Well-being program can provide an academic pathway to make that dream a reality," says Valerie Wayda, associate professor and associate dean for undergraduate and academic affairs. ♡

NSCA Clinic 2019

The second annual National Strength and Conditioning Association (NSCA) State Clinic, a CPASS-hosted event, provided unprecedented access to renowned professionals in the fields of strength and conditioning and sport science this April. The clinic featured speakers typically found on a national platform and allowed students to network with industry professionals while discussing a range of topics.

Industry professionals included John Wagle, Minor League strength and conditioning coordinator, Kansas City Royals; Ed Pistilli, WVU exercise physiologist; Josh Hagen, CPASS adjunct faculty member and RNI HPIC director; and CPASS faculty member Kristen Dieffenbach, athletic coaching education associate professor.

The clinic also showcased the new Applied Sport Science Center located in the WVU Rockefeller Neuroscience Institute Human Performance Innovation Center. Participants toured the facility, a sport science and training laboratory and recovery center, and received hands-on practice.

"This was an incredible opportunity for coaches and strength coaches in the state and surrounding area," says Guy Hornsby, athletic coaching education teaching assistant professor. "It's particularly exciting that attendees experienced the Center." ♡



Brian Persinger

Major Opportunities

CPASS students can now focus on the dynamic industries of high-performance athletics and recreational sport with one of the only undergraduate programs of its kind in the country. The Coaching and Performance Science program, modified from the athletic coaching education major, blends sport and movement science knowledge and professional development to prepare graduates for the growing field of athletics and applied sport sciences. Students can complete valuable hands-on learning with faculty, WVU Athletics, WVU Medicine or a variety of sports organizations. ♡

2019 Research Day Awards

College faculty, staff and alumni gathered on April 26 to celebrate the 2019 CPASS Research Day. Students presented 40 posters at the seventh annual event held in the CPASS main lobby and featured undergraduate and graduate research along with undergraduate and graduate applied research categories.

CPASS recognized the following winners:

Graduate Research Posters

1st Place: Matt Gonzales
Sofia Espana Pere
Kevin Lou

2nd place: Marla Gladstone

2nd place: Maggie Roberts

Graduate Applied Poster

1st place: Kanchana Venkatesh

Undergraduate Research Posters

1st place: Kelsey Kinnamon
Neel Rao
Hannah Staggs
Madison Hill

2nd place: Amber McMullen
Cherlyn Tegtmeier
James Judson

Undergraduate Applied Posters

1st place: Bailey Guffin
Raymond Kryzak
Winnie Sheridan
Natalie Kinkad

2nd place: Jacob Thompson
Erin Miller
Patrick O'Hara

2nd place: Katerina Lake
Marilyn Munzer
Sara McCarthy ♡

Commencement 2019

Hundreds of family, friends, faculty, staff and administration gathered on Friday, May 10, 2019, to celebrate with CPASS soon-to-be graduates.

In his remarks, President E. Gordon Gee urged students to be willing to take risks. "I believe that the

Gee also discussed how to overcome obstacles. "You have made bold choices. You have transformed your many passions into viable career paths. Treat everyone around you as a teacher, regardless of title or background. And in the game of life, your

"It all starts with you being the best leader of yourself. You can't expect anyone to follow you if you can't take your own lead. You must be motivated to do so because you can't motivate anyone else if you can't motivate yourself."

-Keli Zinn, WVU Deputy Director of Athletics, Commencement Address

greatest risk all of you will face is giving in to your fear of taking risks. Generations of CPASS graduates have dared to risk failure. And, by doing so, they have nurtured ideas that made our world better," Gee said.

Mountaineer daring will guide you to your highest purpose. Above all, make every day that you live an opportunity to learn." ❖



Jennifer Shephard



Jennifer Shephard

Student Spotlights

Kelsey Kinnamon

American Kinesiology Association Undergraduate Scholar Award, BS SEP

"While I came to WVU just looking for answers, I found more than I ever knew I needed. If I hadn't come here, I wouldn't now be on a path that I'm in love with and I would still have no idea of who I really am."

Courtney Carver

Vice President, Dean's Student Advisory Board, BS Athletic Training

"Armed with our degrees, we are prepared to represent the best of WVU in all our future endeavors. Graduation is an exciting time. It marks both an end and a beginning. It is warm memories of the past and big dreams for the future." ❖

◀ (Top) WVU football team member Matthew Bezak smiles as he gets his photo taken with Dean Brooks.

(Bottom) Logan Routt, left, member of the WVU Men's Basketball team, talks with friends as he waits in line to receive his diploma.

(Right) Dylan Jordan, center, kneels as he proposes to his girlfriend Skylar VanGorkum after receiving his diploma during the CPASS Commencement at the Coliseum Friday, May 10, 2019. President Gee was on hand for the occasion. ▶



A Commencement Proposal

Maryland natives Dylan Jordan and Skylar VanGorkum met online in May of the summer after Jordan's first year studying athletic coaching education at WVU. VanGorkum, a budding videographer now studying at the Community College of Baltimore County and working as a professional photographer, was instantly the center of his attention.

"I realized very early in our relationship that she was the one. I knew I wanted to marry her a few months after we started dating, but I wanted to wait until we weren't so far away from each other," Jordan said.

Thus, Jordan's graduation ceremony was the perfect place to finally pop the question. "The commencement and me graduating is the start of the rest of our lives together. I want us to share this important transition together and remember it forever," he added.

Jennifer Shephard

Outside the Classroom

A hallmark of CPASS education is learning outside the classroom. Here are just a few of the things our students immerse themselves in at home and abroad:



Joshua Peacock



David Mark



Raphael Andres



Submitted

PITTSBURGH PIRATES FIELD TRIP

CPASS students and faculty participated in the Curt Roberts: Step Up to the Plate event, February 5 at PNC Park in Pittsburgh. Roberts was the first African American to play for the Pirates, beginning on April 13, 1954. The Pirates initiated the event to provide a unique opportunity for diverse students to interact with hiring managers and receive a perspective on the business of professional baseball. CPASS sport management students met with panelists and other organizational representatives, including a member of the Pirates' associate council, a community outreach coordinator and scouting personnel.

2018 COACHES COLLEGE

Guy Hornsby, CPASS assistant professor of athletic coaching education, accompanied students from the Athletic Coaching Education program to the 2018 East Tennessee State University Coaches College in December. The conference highlighted speakers, including Hornsby, and focused on new and innovative research being done in the field. The students also showcased their research during the conference.

NFL COMBINE AND CONFERENCE

The Sport Management Club traveled to Indianapolis, IN, to attend the Sports Management Worldwide 2019 NFL Combine and Football Career Conference. The students viewed lectures, met industry leaders, networked and attended the NFL Combine at Lucas Oil Stadium.

STUDY ABROAD 2019

As part of the WVU Sport, Exercise and Performance Psychology program's international partnership with Halmstad University, in Halmstad, Sweden, WVU students take part in cross-cultural experiences in Scandinavia through study abroad experiences. From cultural excursions in Copenhagen and Amsterdam to classroom and applied sessions at Halmstad University, WVU students are immersed in different cultures and approaches to sport and exercise psychology.

NCAA ROAD TRIP

A group of 24 students traveled to Indianapolis this past semester for a whirlwind tour of sports facilities and to network with industry leaders. The group visited the Indiana Pacers facility, Bankers Life Fieldhouse, to experience the concourse, luxury suites, locker rooms and practice courts. The students learned about the business side of event planning from the Pacer's senior event coordinator.

Next, they visited the NCAA national headquarters building, where they listened to professional panelists who work within the NCAA. The students then toured the Hall of Champions and learned more about the history of the NCAA organization.

The students' final stop of the day was the Colts practice facility. The tour was led by Dave Walston, assistant athletic trainer and alumnus. Students viewed the indoor/outdoor practice fields, athletic training rooms and players' locker room. Students learned about staff assignments, including conditioning, performance and rehabilitation. ♡

Senior Spotlight

Prior to the spring 2019 commencement, several CPASS seniors reflected on their undergraduate years at WVU and CPASS and offered advice to their freshman selves.

Abhik Bera, Sport Communication, Athletic Coaching Education and Sport and Exercise Psychology
"I will always remember the relationships and bonds I created that will last for a lifetime while at WVU."

Braeden Carroll, Athletic Training
"I would tell my freshman self to keep an open mind and make the most of every day. My degree will allow me to do what I love to do every day and call it work."

Bailey Guffin, Athletic Coaching Education
"I connected my passion with my major at CPASS when I spent my first day at my internship with DC United. It changed my whole perspective on coaching and the direction I wanted to go in."

Kenna Markham, Physical Education Teacher Education
"My degree will allow me to inspire and educate young lives on the importance of leading an active lifestyle."

Julia Mellett, Sport, Exercise and Performance Psychology
"I will always remember the opportunities I've been given to represent WVU across the country and internationally, as well as the friends I've made while at WVU."

Marilyn Munzer, Sport, Exercise and Performance Psychology
"I would tell my freshman self get involved and do not be afraid to talk to your professors for help."

Haley Oliphant, Athletic Training
"My degree will allow me to pursue my dreams of attending medical school and becoming an orthopedic surgeon."

Raya Smadi, Sport, Exercise and Performance Psychology
"I connected my passion with my major at CPASS by gaining the knowledge necessary to help people achieve their mental and physical performance goals." ♡

Office of Student Success Update

This year, the Office of Student Success (OSS) has welcomed Elizabeth "Betsy" Robbins to their staff. Robbins is joining OSS as a program assistant, a role in which she is providing integral support to recruitment and retention initiatives for both undergraduate and graduate programs.

The entire OSS team has had a fantastic academic year. Both recruitment and retention rates are at some of the highest points in several years and they have had the privilege of enrolling 262 incoming CPASS students throughout June.

From selecting the right major and achieving academic success in the classroom to laying the foundation for employment after graduation through experiential learning opportunities, OSS staff members assist students each step of the way.

Looking to the future, OSS is very eager to diversify efforts with the addition of a brand-new CPASS major, Health and Well-being, while strengthening student services through the addition of two new advising positions. ♡

WVU Football Professors Day

WVU Football hosted the first annual Professors' Day at Milan Puskar Stadium on April 11. University faculty, including eight from CPASS, were invited to tour the stadium, spend time on the field and meet the new coaching staff. WVU Athletics started this initiative to thank faculty for their hard work and help in motivating student-athlete success in the classroom. 🏈



Eight CPASS faculty and staff attended the event, (from left to right) SEP doctoral student Seth Swary, CATS doctoral student Christina Villalon, Guy Hornsby, CATS doctoral student Robert Posehn, Cindy Lee, Dana Voelker, Theresa Scafella, Gonzalo Bravo.

Rewarding Passion

Andrea Taliaferro, Physical Education Teacher Education associate professor, is one of six West Virginia University faculty members who were recognized with the University's 2019 Foundation Award for Outstanding Teaching. The award honors exceptional professors who go above and beyond to inspire their students. Each of the honorees received \$5,000 in professional development funds from the WVU Foundation.

Taliaferro holds a joint appointment CPASS and the Davis College of Agriculture, Natural Resources and Design. She directs the Friday Adapted Physical Education Practicum program, a partnership with Monongalia County Public Schools that provides weekly physical activity programming for nearly 100 children with disabilities while also providing hands-on experience for WVU students. She has also contributed to local, county and statewide initiatives, including McDowell CHOICES and the partnership between the National Inclusion Project and Lifetime Activities programs.

"Dr. Taliaferro is one of the best teachers at WVU. Having spoken with several students in her classes, it's clear that her passion for the subject matter is contagious, making the content covered in her classes come to life," says Jack Watson, CPASS professor and interim associate dean. 🏆

FiT Publishing

This year, FiT published textbooks on subjects ranging from sport and cultural psychology to foundational sport management. FiT will release updated versions of the fourth edition of "Psychological Bases of Sport Injuries," the fifth edition of "Media Relations in Sport," and fourth edition of "Racism in College Athletics," co-edited by CPASS's very own former dean, Dana Brooks, in the upcoming year. FiT will also publish new titles on topics such as mindsets for the training of dancers and human resource management within sport and recreation programs.

For more information about these and other publications from FiT, please visit fitpublishing.com. 🏆

Research Excellence

Earlier this year, WVU created the inaugural Outstanding Graduate Research Mentoring Award to honor and encourage the considerable efforts and accomplishments of faculty who have demonstrated exceptional commitment to the mentorship of graduate students. Sponsored by the Office of Graduate Education and Life and the WVU Research Office, the new award recognizes four finalists.

Sam Zizzi, Pat Fehl Endowed Professor, Sport and Exercise Psychology, was a finalist for the WVU 2019 Outstanding Graduate Research Mentoring Award. Here's part of what he shared with the nominating committee:

"The opportunity to serve as a mentor to our graduate students in the Sport, Exercise and Performance Psychology program is the single best part of my job. I love building a relationship with each student and the challenge of pushing them to excel in their research efforts. I put effort into individualizing my approach to match each student's specific personality.

We are gifted these world-class students (our PhD program admission rate is <5%) for the last years of their training, and we get an opportunity to impact the trajectory of their careers into academia or applied work.

My primary approach to graduate mentoring is rooted in mindfulness. I don't take the same approach with each student in terms of structure or timing of meetings or the use of goals and accountability strategies. I find that being present and compassionate with them as they progress through graduate school tells me everything I need to know. The openness and acceptance I try to cultivate in these meetings allows for the relationship to form and for creative thoughts to grow. Research studies are born, conceptual models are drawn, motivational mantras emerge.

Though I like to have fun and show it is possible to have a balanced academic life, it is also important that my graduate students are productive and finish their degrees in a timely fashion. I prioritize a finished manuscript that is good over an excellent manuscript that may not be submitted for six months. I helped develop the motto "Good + Done = Perfect." 🏆

Faculty/Staff Updates

NEW FACULTY

Johannes (Joe) Raabe

Assistant Professor, Sport, Exercise and Performance Psychology
Johannes Raabe, PhD, will join the CPASS faculty as a new assistant professor for the Sport and Exercise Psychology program. Raabe earned his PhD in kinesiology and sport studies at the University of Tennessee, Knoxville in 2016.

Samantha Ross

Assistant Professor, PETE with an emphasis in adapted PE/PA position
Samantha Ross, PhD, earned her Bachelor of Science in human physiology and psychology at the University of Oregon in 2012. She earned her Master of Science in exercise and sport science from Oregon State University in 2015 and her MPH in epidemiology in 2018. She earned her PhD in kinesiology with a certificate in adapted physical activity from Oregon State.

Michael Ryan

Teaching Assistant Professor, Athletic Coaching Education
Michael Ryan, PhD, joined the CPASS faculty in August. Ryan earned his PhD in exercise physiology from WVU. Ryan aspires to merge his knowledge of exercise science and 20 years of coaching experience with the combined knowledge of the current CPASS faculty to mentor future professionals in physical education, athletics and recreation.

Justin Wartella

Teaching Assistant Professor, Sport Management
Justin Wartella, PhD, joined the CPASS faculty in August as a new teaching assistant professor for the Sport Management program. Wartella earned his PhD in athletic administration from the University of Nevada, Las Vegas.

NEW STAFF

Mary Kinsley

program coordinator, Lifetime Activities

Elizabeth Robbins

program assistant, Office of Student Success

Allie Haight,

student success coordinator, Office of Student Success

Jordan Schmidt-Gonzalez

student success coordinator, Health and Well-being, Office of Student Success

RETIREES

Edward Etzel

Professor, Sport, Exercise and Performance Psychology, 41 years
After winning a gold medal in the 1984 Los Angeles Olympic Games, Etzel went on to become a tenured professor, licensed psychologist and coach of WVU's record-breaking Rifle Team. His work has also had an impact on the field of athlete mental health that will last long into the future. 🏆

Brian Persinger



Mountaineer Coins

West Virginia University celebrates Mountaineer Values through the Values Coin program, which recognizes faculty and staff who help bring the University’s mission to life through their daily work. This past year, CPASS faculty and staff received both Pay It Forward and Mountaineer Values coins. Original CPASS recipients then selected more coworkers to receive Pay It Forward coins. Congratulations to our recipients!

Barbara Ridenour Dalton

“Working for WVU has always given me a sense of pride that has resonated deep within me. The opportunities and benefits that I have received at WVU have been outstanding. I am grateful to the many people at WVU who have helped and guided me. It is through the teaching of my parents that I learned the values displayed on the coin. It is because of my WVU family that I have been able to grow these same values. I especially want to thank Dean Brooks for his encouragement, support and guidance and especially for the honor of being selected to receive the WVU Values Coin this year.”

Carol Straight

“I count it a blessing and a privilege to have worked at WVU for 45 years with a wonderful group of faculty and staff in CPASS and WVU. It is a joy to come to work each day. I am thankful for the many students and parents I have met over the years.”

Lindsay Augustine – awarded by Sean Bulger:

“I am very grateful and extremely humbled to receive a WVU Values Coin for my contribution to online programs within CPASS. We have worked diligently to develop a more effective and efficient way to serve our online students, and it truly has been a team effort. The greatest honor was being awarded the coin by Dr. Bulger, specifically. To be recognized for your accountability by someone who has worked tirelessly for our College is a great feeling.

Sean Bulger on awarding Augustine:

“I selected Lindsay for the Mountaineer Values coin given her dedication and contribution to online learning in CPASS. Lindsay brings a great deal of expertise to our team in the critical areas of student recruitment and retention. We have experienced significant growth in our online programs over the past two years due in part to improvements in our enrollment management processes. Her learner-centeredness has proven critical in developing creative approaches for increasing connectivity with current and prospective online students.”

Valarie Wayda – awarded by Sharon Sisler

“I consider Sharon Sisler to be the epitome of the five values that WVU espouses. So, I was deeply touched and honored when Sharon Sisler awarded me a WVU Coin. She was a wonderful role model as I navigated the administrative roles and responsibilities within our College. My hope is to demonstrate these values daily to pay tribute to the impact Sharon had on my professional career and also on me as a person.”

Sharon Sisler on awarding Wayda:

“I was humbled and appreciative to receive one of the first 150 Values Celebration coins in 2017. I care very much about West Virginia University and am grateful for the many years of

opportunities to live WVU’s core values. The 2017 recipients were given a second coin to “pay it forward” by identifying other faculty and staff who embody our values and present them with a 2018 Coin. I chose to recognize Valerie Wayda for her tireless efforts to advance the University and our College. Val seeks opportunities to make change and improvements. She gives generously of her time and talent to support our College and students. She values the contributions of everyone who is part of the team and is a wonderful mentor and example for others. In summary, Val exemplifies the values that are the backbone of our University.”

Stephanie Martin – awarded by Joanne Pollitt

“Receiving the CPASS Mountaineer Pay it Forward Coin from Ms. Joanne Pollitt truly meant the world to me. Joanne has been my mentor over the past several years. I was honored to receive recognition from Joanne as being accountable, respectful, curious, appreciative and providing service to WVU and CPASS. After Joanne’s retirement, I applied and was hired into her position. Without her leadership, none of this would have been possible. To feel appreciated is very humbling as an employee and only makes me want to continue my career path within the University.”

Joanne Pollitt on awarding Martin:

“I was quite honored to be selected to receive a coin in 2017. It was my personal honor to give a Pay It Forward Coin to Stephanie Martin in 2018. I believe working closely with our colleagues is the key to achieving the core values, and camaraderie makes for a healthy work environment.”

Robin McKinney – awarded by Tracy Wheeler

“I am honored that Tracy Wheeler felt that she could depend on me to do anything for this College. I have worked in CPASS for 18-plus years, and it is family. Everything comes with ups and downs, but at CPASS it all comes together. The administrative staff makes it worth coming to work. They respect us.”

Tracy Wheeler on awarding McKinney:

“With 27 years of service to WVU, Robin has been with CPASS since December 1, 2000. From day one, she has been a go-getter. Robin has never resisted an assignment or task. She always takes full ownership of her projects and gets the job done. She always gives 100 percent. She is the go-to person for all things, big and small. If she doesn’t know the answer, she finds the answer; however, she usually knows the answer. Robin has the best interest of the College and University at heart.”

Dana Brooks

Brooks earned a Mountaineer Values Coin in recognition for his service to WVU, totaling 40 plus years to the University and 26 years as dean of CPASS, during the college’s spring awards ceremony. He received a standing ovation from the crowd. ♡



Submitted

benefit to say I have experience with these different facets of research," she added. Kinnamon is now attending graduate school at Georgia Southern University. The numbers person in the equation was Neel Rao, who graduates this December. Rao, originally from California, has been involved in research since spring 2018. After shadowing in data collection and receiving IRB approval in March, he earned training on ethical procedures in research studies and became authorized to handle sensitive data and work with subjects. Rao plans to pursue more research opportunities and wants to go to graduate school, earn an assistantship and eventually enter public health, perhaps with the CDC. "My SEP degree will allow me to consider many different disciplines, such as research, policy and biostatistics. I knew I wanted to work with Dr. [Giacobbi] because of his ties with public health," he said.

 **A SMART COLLABORATION**

Sport science is a rapidly growing field in the U.S. Most U.S. sport teams and NCAA power five athletic programs have a professional charged with providing sport science services, including athlete monitoring programs and specific assessments. That's why CPASS created courses focused on sport science and sport technology as well as a sport science practicum. The intent is to help students stay on the cutting edge in their fields and attain professional opportunities. This is unique, as sport scientists working in the U.S. often must be trained abroad.

A collaboration between **CPASS faculty** and the **WVU Rockefeller Neuroscience Institute** (RNI) is also offering students exposure to high level collegiate sport and immersion in the environment, instruments and processes of applied sport science in a team setting. Much of the collaboration has involved coordinated efforts between Josh Hagen, director of the Human Performance Innovation Center at RNI, and Guy Hornsby, coaching and performance science assistant professor and a member of RNI's performance team.

This training provides a positive experience for CPASS students and aids Hagen in providing athlete monitoring efforts for the teams he is working with.

 **PREGPAL APP**

Two CPASS sport and exercise psychology students have strengthened their career options through research and hands-on learning. **Kelsey Kinnamon** and **Neel Rao**, undergraduates, began working with **Peter Giacobbi**, associate professor, on PregPal — a lifestyle app for pregnant women. The system uses guided imagery to influence sleep, eating, exercise habits and body image, while connecting the soon-to-be moms with their baby and the experience of pregnancy.

Kinnamon's responsibilities have covered interviewing participants, analyzing interviews, conducting data collection and reviewing outcomes. She has presented results at a conference at the University of Kentucky. "This has been a great learning experience," Kinnamon says. "Dr. [Giacobbi] has let students be a part of every aspect to get exposure to different parts of research, such as collection, writing and presenting. It's a huge



Submitted

 **BE WILD, BE WONDERFUL, BE HEALTHY**

In West Virginia, obesity and cardiovascular disease are a true epidemic. And in rural communities in Clay and McDowell counties, the problem is only getting worse. "As a primary risk factor for a number of chronic degenerative diseases, physical inactivity and poor nutrition represent a serious public health concern in West Virginia," said Sean Bulger, a professor from the WVU College of Physical Activity and Sport Sciences.

But, thanks to **CPASS**, the **WVU Extension Service**, the **WVU School of Public Health** and the **West Virginia Prevention Research Center**, these vulnerable populations will soon be the focus of a rural health project aimed at improving lifestyles long-term. Using a five-year grant from the Centers for Disease Control and Prevention, an interdisciplinary team from WVU will work to reduce obesity and other chronic diseases within these communities — from the inside out.

The project, known as Be Wild, Be Wonderful, Be Healthy, will teach and encourage each person to take ownership of their own health and their community's health. Involving the communities and building partnerships among community leaders is a vital part of the project as the team focuses on improving access to healthy food and creating more opportunities for residents to be physically active.

"Right now, there aren't a lot of options when it comes to eating healthy and being active in rural West Virginia. But I believe education and access to these things can change our residents' attitudes," says Michael Shamblin, WVU Extension Service agent and associate professor in Clay County. "We're looking to develop a community atmosphere that inspires healthier lifestyles."

Working from the ground up and inside out, community coalitions will help guide WVU's interdisciplinary team and establish each community's unique needs. Emily Murphy, WVU Extension Service childhood obesity prevention specialist and associate professor, says that involving the community from the beginning is the only sustainable way to make a difference.

Community members and organizations can also apply for a series of mini-grants available each year for the duration of the project by participating in sustainability training. Both are designed to allow the community to drive the success of the project. "It takes awhile to build these important relationships," Murphy says. "But working together, we will develop a feasible, customized plan of action for each community." ♡



KICK-STARTING SOCIAL CHANGE

Concerns about women's empowerment are a major public health and policy issue around the world. Using the sport of soccer as a catalyst for leadership development, a group of WVU researchers aims to change all that.

CPASS faculty members Jack Watson, Gonzalo Bravo and Peter Giacobbi, along with Cheyenne Luzynski, faculty member in the Eberly College of Arts and Sciences, have received an award grant through the Maureen and Mike Mansfield Center at the University of Montana as part of the U.S. State Department's Sport Diplomacy initiative. Using a community-based approach, anchored by the globally popular sport of soccer, the team hopes to literally kick-start social change in rural areas and expand women's empowerment. The group plans to use this sport to increase leadership skills, diplomacy and confidence among the participants, something that could, given time and effort, have a ripple effect across whole communities. It won't be easy. But it will be worth it, Watson believes.

"The program is designed to use the most popular international sport, soccer, to develop person-to-person diplomacy, while promoting social change," says Watson, principal investigator.

As a highpoint of the project, the WVU team has coordinated a cultural exchange between the U.S. and

Mexico. The WVU contingent traveled to Mexico this past May to launch the partnership.

Through an ongoing partnership with the Universidad Autonoma de Nuevo Leon (UANL), located near Monterrey in the state of Nuevo Leon, the group has reached out to Mexican youth and coaches. The program selected participants from the town of Mina, located 43 km (26 miles) north of the UANL campus.

Since 2010, Bravo, CPASS sport management associate professor, has worked and collaborated on numerous projects at the School of Sport Organization at UANL. Bravo's work with UANL will enhance the direct network of contacts with schools and officials in the region.

"Faculty and personnel at UANL are not only very well connected with the local community in Monterrey but also are extremely well equipped to participate in a project of such characteristics. We could not ask for better partners. It is through UANL that we will be able to reach and identify our target population in Mexico, who will then travel to Morgantown in the summer of 2019," Bravo says.

Program administrators coordinated plans to send 20 individuals to Mexico, including youth, coaches and other leaders. As a follow-up, 24 representatives traveled to Morgantown in July. Partner organizations in the US will involve nonprofit soccer organizations, including local and regional soccer associations. The group has contacts in Morgantown, Wheeling and Charlottesville, VA, to help create a positive experience.

"We hope to use connections with WVU Women's Soccer to help develop a positive program. This connection could help to develop an effective program while the Mexican delegation is on campus," Watson says.

"The grant team intends to learn more about each other by using the common language of sports," says Peter Giacobbi, CPASS associate professor.

In addition to Watson, Giacobbi and Bravo, three other specialists will provide insight. As a coach, Luzynski has combined sport leadership skills and curriculum with performance training and has led an international sport exchange program to Nicaragua with volleyball athletes. Sofia España Perez, born and raised

in Mexico City, is pursuing a PhD in sport, exercise and performance psychology at WVU. She teaches with an emphasis on diversity in sports. Her research interest focuses on the cultural differences in athletes and use of sport psychology. Adam Hansel, sport, exercise and performance psychology PhD student, played soccer in college and teaches soccer in the WVU basic instruction program. Hansel has international experience in promoting leadership and health through soccer with youth in Africa.

As a local partner who has provided initial support for the program, Laurel O'Neal Thornton, will provide an additional angle to the team. Thornton specializes in sport performance while leading an emotional wellness team at Whole Brain Solutions, based in Morgantown. The project group will study levels of engagement and participation, while evaluating self-esteem, satisfaction and learning.

"We are confident about our ability to tap into all sport, technical expertise, knowledge and infrastructure needs to provide a positive program," Giacobbi says. ♡



A LIFETIME OF LEADERSHIP

AFTER MORE THAN 40 YEARS OF SERVICE TO WVU AND CPASS, DEAN DANA BROOKS RETIRED ON JUNE 30, 2019. A TIRELESS ADVOCATE FOR DIVERSITY AND FOR HIS STUDENTS, BROOKS LEAVES BEHIND A LEGACY OF INNOVATIVE LEADERSHIP AND PASSION FOR HIS FIELD — SPORTS EDUCATION.

Dana Brooks knew he wanted a career teaching and inspiring others even as a youth growing up in Hagerstown, MD. He was a consummate team player. And he has the trophies and awards to prove it, stacked high on his shelves. He was never focused on the scoring or winning, but on supporting his team. "I was a passer. I defended. The team scored for you. I'm all about the team," Brooks says.

He also knew the positive influence a great teacher or coach could have, especially on minority students. He often cites the coaches and teachers he had as the greatest influence on why he pursued a career in education. "I wanted to be like them. I wanted to teach physical education in public schools. I wanted to teach kids, elementary school kids. I wanted to help them play, laugh, have fun — not complete reports — but in a way that they're learning and don't know it," Brooks says.

TWO HISTORIES INTERTWINED

He began his career at Hagerstown Junior College, where he earned an Associate of Arts in 1971. He continued his studies at Towson State College, earning a Bachelor of Science in 1973. After serving as a substitute teacher in Washington County, MD, in 1974, he launched into academia full force at WVU, picking up a Master of Science in 1976 and a Doctor of Education in 1979.

At the same time, Brooks served as a graduate teaching assistant, getting his first taste of teaching in higher education. And he fell in love with it, specifically the field of sports psychology. "I learned it's not just about the activities people do, but why they do it and who does it. It's the sociology, the culture, the history, the justice. It's about male vs. female and black and white — the whys and why nots."

Brooks was immediately hired on as an instructor of physical education at WVU in 1978, moving into roles with progressively more responsibility as the years went on.

Former business planning officer Sharon Sisler recalls Brooks' earliest days in the College during her 48 years there. "I first met Dana when he was just a young faculty member. The college administrators were constantly singing his praises for accomplishments in the classroom, his research focus and his service to both the community and his profession," Sisler says. "His high energy and sense of humor endeared him to students, coworkers and those in leadership. We served on several committees and projects together, and he became my mentor, teacher and encourager."

He moved quickly from instructor to minority recruitment/retention coordinator to acting assistant dean in the then School of Physical Education from 1986 to 1987. From then on, Brooks continued to serve in leadership roles — as acting chairperson in the former Department of Sport and Exercise Studies, as acting and then associate dean in the School of Physical Education, as acting graduate coordinator and then as interim dean of the School of Physical Education.

He became dean of the current College of Physical Activity and Sport Sciences in 1993 and served there until his retirement. Lynn Housner, associate dean emeritus and former professor of physical education teacher education considers Brooks one of his biggest influences. "I met Dana during a pre-interview lunch. He had been the dean only for a year or so, but he had a clear vision of where he wanted CPASS to go. It was hard



(clockwise from top) Dana Brooks poses with classmates; WVU students mingle in front of the Mountainlair in the 1960s; Brooks has been passionate about physical education since the beginning; Brooks has always been a champion of diversity and inclusion in athletics; Brooks has had a 41-year academic career in the field of physical education.



12 EDUCATIONAL POSITIONS

4 DEGREES



- 1960s**
Dana grew up in Hagerstown, MD
- 1967**
Centennial birthday of West Virginia University
- 1968**
WVU Mountainlair opens
- 1970**
WVU Coliseum opened, becoming the home of women's physical education
- 1970**
PRT construction begins
- 1971**
Earned AA, Hagerstown Junior College
- 1973**
Earned BS, Towson State College
- 1973**
Separate physical education departments for men and women were eliminated
- 1974**
Became substitute teacher, Washington County, MD
- 1976**
Earned MS and became graduate teaching assistant, WVU
- 1978**
Became physical education instructor, WVU School of Physical Education
- 1979**
Earned EdD, WVU

□ Dana's History
■ WVU History

not to become excited about his vision. I decided then that I wanted to work with him at WVU.”

With such a rich and extensive career in education, Brooks has been at the helm during some incredible changes in the College’s history. He was integral in expanding degree programs for both undergraduate and graduate students at CPASS; moving to a new, high-tech building with cutting-edge lab and classroom spaces; bringing on new faculty and, of course, overseeing the College’s name change in 2007. Brooks also oversaw the development of the International Center of Performance Excellence and the current iteration of FiT Publishing. “Dana stepped into that quarterback role, leading our college in a mighty long drive



(clockwise from top) Mountaineer Field opens and John Denver sings “Take Me Home, Country Roads” before the game; Dean Brooks presents Sam Huff, All-American football player for the Mountaineers, with the School of Physical Education’s Outstanding Alumnus award; Brooks has given 127 presentations, speeches and keynotes in his career; former WVU President David Hardesty visits CPASS.



“I FIRST MET DANA WHEN HE WAS JUST A YOUNG FACULTY MEMBER ... HIS HIGH ENERGY AND SENSE OF HUMOR ENDEARED HIM TO STUDENTS, COWORKERS AND THOSE IN LEADERSHIP. WE SERVED ON SEVERAL COMMITTEES AND PROJECTS TOGETHER, AND HE BECAME MY MENTOR.”

— Sharon Sisler, former CPASS business planning officer

through challenges, detours, sometimes roadblocks, but always finding the path to our successes, and seizing every opportunity to give thanks and credit to those on his team along the way,” Sisler says.

In his spare time, Brooks wasn’t one to sit around. He served on every board, committee and council he could, from being a fellow of the American Academy of Kinesiology and Physical Education to serving as president of the American Alliance for Health, Physical Education, Recreation and Dance. He was also a chair or member of the WVU Athletics Council, Black Community Concerns, Social Justice Council and Affirmative Action.

Miraculously, he also found time to help the rising generation get interested in sports and physical activity, working with underprivileged youth from ages nine to 15 as project administrator of CPASS’s National Youth Sports Program, which offers enrichment activities over the summer in Monongalia County (as well as free physicals, and free and reduced meals). Housner says his fondest



140+
CLASSES TAUGHT

1980
New Mountaineer Field opens

1981
Evansdale Library opens

1986
Became minority recruitment/retention coordinator, WVU Office of the Provost

1987
Named acting assistant dean, WVU School of Physical Education

1987
Center for Black Culture and Research established

1987
Named acting chairperson, WVU Department of Sport and Exercise Studies

1987
Named associate dean, WVU School of Physical Education

1988
Named acting dean, WVU School of Physical Education

1988
Became professor, WVU School of Physical Education

1991
Became acting graduate coordinator, WVU School of Physical Education

1992
Named interim dean, WVU School of Physical Education

1993
Named dean, WVU School of Physical Education

memories are of Brooks' high-energy, multitask approach to leadership. "We used to shake our heads and smile at his energy and passion for CPASS. We only hoped we could keep up," he says.

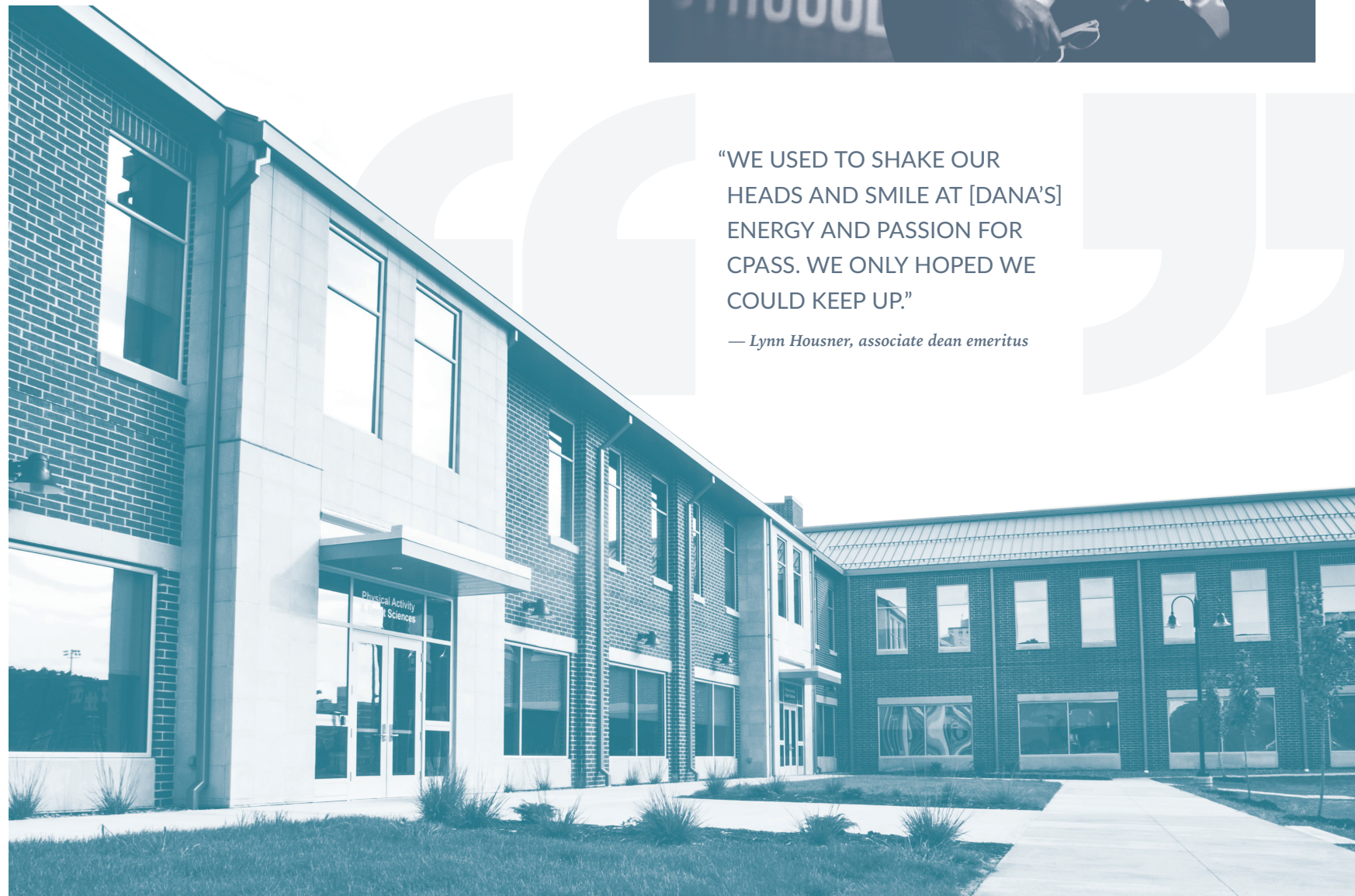
His research interests reflected this passion for bringing the benefits of sports to the underprivileged. He dug deep into the history of sports integration at WVU and the African American sport experience. He has made more than 100 presentations at the state, national and international levels on these topics and has co-edited and authored "Racism and College Athletics" (3rd edition), "Diversity and Social Justice in College Sports" and seven book chapters over his career. "Dana was a powerful role model as a scholar-practitioner," Housner says. "We were also committed to diversifying faculty, which was primarily male and white. CPASS now has one of the most diverse faculty at WVU."

These achievements have not gone unnoticed. He was honored with the Dean's Recognition Award from the College of Health Professions at Towson University, the Lifetime Achievement Award from Hagerstown Junior College, induction into the Hagerstown Junior College Sports Hall of Fame, the Martin Luther King, Jr. Achievement Award from the WVU Center for Black Culture and Research, the Neil S. Bucklew Social Justice Award and the Martin Luther King "Living the Dream" Award from the Martin Luther King, Jr. Holiday Commission of the State of West Virginia.

"It has been a privilege to teach undergraduate and graduate classes and to serve as dean for the past 26 years," Brooks says. "I have had the honor of working with outstanding and gifted faculty, staff, students and alumni from the College. West Virginia University and the state of West Virginia changed and enhanced my life. I am proud to be a Mountaineer." ♡



(clockwise from top) Dana Brooks and C.B. Wilson, former associate provost for academic personnel, at Wilson's retirement celebration; Brooks poses for WVU Alumni Magazine shoot; CPASS's new home at the Health and Education Building.



"WE USED TO SHAKE OUR HEADS AND SMILE AT [DANA'S] ENERGY AND PASSION FOR CPASS. WE ONLY HOPED WE COULD KEEP UP!"

— Lynn Housner, associate dean emeritus

2003

Inducted into Hagerstown Community College Sports Hall of Fame

2004

Earned Midwest AAHPERD Honor Award

2007

Named Who's Who Among Executives and Professionals

2008

WVU School of Physical Education changes its name to the College of Physical Activity and Sport Sciences (CPASS)

2011

Earned Lifetime Achievement Award, Hagerstown Junior College Sports Hall of Fame

2012

Earned NAACP Image Award

2014

Health and Education Building opens as the new home of CPASS

2015

CPASS established the Office of Student Success

2016

WVU receives the R1 — highest research activity — designation

2018

WVU Distinguished Service and the Albert Nelson Marquis Lifetime Achievement Award Recipient

2019

Retirement after more than 40 years of service to WVU and CPASS

OVERCOMING INJURY THROUGH THE MIND



Damien Clement, PhD, A TC, CMPC, NCC

Acting Assistant Dean, WVU Honors College
Associate Professor, Sport, Exercise and Performance Psychology/
Athletic Training

Student-athletes face a multitude of challenges in overcoming injuries. In attempting to achieve recovery and return to the field or court, athletes often rely on physical and psychological techniques. Damien Clement, associate professor, sport, exercise and performance psychology and athletic training, strongly supports the utilization of sport psychology techniques in preparing for the athlete's return to competition.

"It's a very rewarding experience for me working with an injured athlete from their initial injury all the way through rehabilitation and back to the field of play. Athletic injury is very common place in athletics but the emphasis on the psychological aspects of recovery is only beginning to become mainstream," Clement said.

According to Clement, when injured athletes are exposed to a holistic approach to their injury rehabilitation, it often incorporates a major emphasis on psychological recovery. And that emphasis can make a major difference, not only in healing their injury but also in improving their lives moving forward.

"To see athletes embrace the psychological aspect of their recovery and dedicate the time to getting better psychologically makes it all worth it. Moreover, some of the skills introduced during psychological rehabilitation can be used in other aspects of athletes' lives, so they are not only able to get back to the field of play quicker, but they are also getting introduced to some skills which can be used in their ordinary lives as well, as an added bonus," he added.

But the process of rehabilitation isn't without its challenges, Clement says.

"I believe one of the major challenges is initially getting through to an injured athlete and helping him/her to put their injury into context. Once that context and situation has been realized, it opens a wealth of avenues which can be pursued to help the athlete better manage their injury and the subsequent emotional and behavioral consequences which result from it," Clement said.

Clement incorporates four main techniques when working with injured athletes. From deep breathing to goal-setting, these techniques can speed recovery, build an athlete's confidence in their ability to recover and help to sustain recovery (even improving an athlete's daily life) in the long-term. Techniques used in helping an athlete recover from injury include: goal setting, utilization of social support, deep breathing and mental imagery.



DEEP BREATHING

One simple but vital skill that helps to distract from pain is to engage in deep breathing exercises. This can help regulate anxiety levels. Having athletes put one hand on their chest and one on their stomach, then gauge which hand should be moving first — ideally the hand on their stomach — they can regulate their own breathing and stress levels.



MENTAL IMAGERY

Another technique involves creating mental pictures. An injured athlete who can imagine themselves performing a certain movement or exercise can strengthen that mental pathway. Creating mental pictures actually innervates the muscles in a similar way to physically practicing, helping to prepare the mind and body for the process of recovery.



GOAL SETTING

One of the oldest and most utilized forms of overcoming any obstacle is to set goals and work to attain them. Clement asks athletes to set moderately difficult goals that are specific, action-oriented and time-limited. These goals are then revisited on a regular basis to determine if they have been met or need to be revised.



SOCIAL SUPPORT

Athletes recovering from injury need a support network that will act as an emotional buffer while providing tangible things like money and transportation. Support can come from sports medicine professionals, doctors and athletic trainers who also provide intangible knowledge and emotional support.

Funding the Future

CPASS strongly believes in serving our community, our WVU family, our state and beyond. The research and partnerships described below illustrate the depth and commitment of CPASS faculty, staff, students and researchers.



Parker Sheppard

CPASS students work to promote physical activity and wellness across all ages and communities.

PROGRAMS

FRIDAY ADAPTED PHYSICAL EDUCATION PRACTICUM

This program offers weekly developmentally appropriate physical activity programming to school-aged children with disabilities, and also provides hands-on experience for WVU physical education and kinesiology and athletic coaching education majors.

LIFETIME ACTIVITIES PROGRAM PARTNERSHIP WITH NATIONAL INCLUSION PROJECT

CPASS students have been trained to serve as mentors in a multi-year partnership that was initially funded by the National Inclusion Project. The goal is to increase the inclusion of children with disabilities in the community-based CPASS Lifetime Activities programs, expanding opportunities for participants with disabilities.



Submitted

A group of Latin American exchange students, part of the Sport for Social Change project, pose atop Coopers Rock, outside our Morgantown Campus.

GRANTS + PROJECTS

CENTERS FOR DISEASE CONTROL AND PREVENTION-HIGH OBESITY PROGRAM

This Extension collaborative grant addresses food and physical activity access and fighting obesity in Clay and McDowell counties.

IMPROVING HEALTH AND WELLNESS THROUGH EMPOWERMENT

The project supports the development and evaluation of community-based coalitions focused on recreational physical activity opportunities for people with disabilities.

Status: Extramural grant submitted to the Virginia Board for People with Disabilities, U.S. Department of Health and Human Services – applied for \$182,591; funded.

SPORT DIPLOMACY IN LATIN AMERICA: SPORT FOR SOCIAL CHANGE

Sponsored by the U.S. Department of State, the grant focuses on concerns about women's empowerment throughout the world. Using soccer, a WVU team aims to enhance young women's empowerment through leadership development. See pages 14-15 for the full story.

MON PLAY

The undergraduate and graduate Center for Applied Coaching and Sport Science lab team has built a database of the youth sport organizations and programs in Monongalia County. The group is in the process of confirming programming and will conduct program analysis based on national youth sport standards.

NATIONAL INTERSCHOLASTIC CYCLING ASSOCIATION WEST VIRGINIA COACH SUPPORT

This is a volunteer effort with the West Virginia Chapter of the National Interscholastic Cycling Association. It offers

programming for adventure and scholastic racing and provides opportunities for students to help develop and deliver coaching education materials.

STATE-LEVEL PHYSICAL EDUCATION ACCOUNTABILITY POLICY AND SYSTEMS

The purpose of this study describes the status of state-level accountability systems for student learning in physical education. The findings provide stakeholders and school leaders with valuable information to inform decision-making in policy, standards, curriculum, instruction and assessment.

Status: Submitted to Action for Healthy Kids – \$12,300 funded.

WEST VIRGINIA FAMILY NUTRITION PROGRAM: SNAP-ED

The Coronary Artery Disease Risk Detection in Appalachian Communities project provides risk factor identification, education, awareness and advocacy to engage and empower West Virginia communities to embrace a culture of wellness.

Status: Submitted to the U.S. Department of Agriculture: Supplemental Nutrition Assistance Program (SNAP) – \$3,500,784; CARDIAC Project sub-award \$202,366.

ADDRESSING CHILDHOOD OBESITY AND HYPERTENSION IN RURAL WEST VIRGINIA: HEALTH IN A SNAP! PROGRAM

This is a clinical and community-based intervention designed to support families in achieving a healthy lifestyle through increased access to nutrition education, dietary counseling and locally grown produce. The program targets fifth graders identified as obese and/or having hypertension through CARDIAC screening in Marshall, Mason, Mingo, Randolph, Wayne and Lincoln counties.

Status: Submitted to the Eye Foundation of America – \$136,600 funded. ♡

Thinking it Through: Expanding Active Learning

CPASS and West Virginia University as a whole have always had a commitment to innovative, hands-on education. Now, thanks to a grant award from Steelcase Education, CPASS will be able to expand our offerings with an active learning classroom that will support instructors and students by creating an environment that encourages engagement, collaboration and creativity.



Rendering of the new active learning classroom in the WVU Health and Education Building.

The new classroom in the Health and Education Building, valued at \$67,000, will open during the fall 2019 semester and offer a varied, flexible setting designed to facilitate hands-on experimentation and problem-solving to meet 21st-century learning and faculty development.

“Active learning represents the foundational component of student success, including opportunities to engage in authentic experiences, meaningful self-reflection and collaborative exchanges,” says Dana K. Voelker, assistant professor of sport, exercise and performance psychology at WVU. “This renovation will allow faculty to move beyond outdated paradigms by diversifying instruction to meet the expectations of 21st-century learners.” The project will be led by a multi-disciplinary team of faculty and staff from the College of Physical Activity and Sport Sciences, Teaching and Learning Commons, classroom planning committee and Facilities Management.

Steelcase Education director of market development Craig Wilson says WVU was chosen because of a demonstrated commitment to active learning. The classroom will help a new group of faculty and students explore all the learning possibilities an interactive space can bring. Steelcase Education will also provide training for using the new spaces and will share insights and best practices.

Over the course of the two-year program, Steelcase and WVU will partner to conduct assessments and research on

how the reconfigured spaces have affected student and faculty performance.

“We are so excited to be recognized by Steelcase Education for our efforts in promoting personalized, engaged learning with our students,” says Sean M. Bulger, associate dean for graduate and online education at CPASS. “With Steelcase Education’s support, we will continue this mission and foster better collaborations between students and faculty in the classroom.”

This partnership reflects West Virginia Forward’s efforts to support educators who are marrying innovation and personalized learning experiences through tailored, hands-on programs and furthers building the essential skills and knowledge necessary for students to succeed in an ever-evolving, high-tech workforce.

West Virginia Forward is a statewide initiative interwoven with collaborative partnerships. By bringing together the brightest minds to leverage multidisciplinary action in three main sectors, these efforts can empower real, lasting change.

The grant from Steelcase Education was made through the WVU Foundation. Steelcase Education partners with institutions across North America to create effective, rewarding and inspiring active learning environments. In the past five years, Steelcase Education has awarded 68 Active Learning Center Grants to schools, colleges and universities in North America. ♡

Alumni Diary

2018 Day of Giving

CPASS donors contributed \$19,203 in gifts during Day of Giving 2018, doubling the 2017 total, while helping to enhance student academic experiences and advance wellness and physical activity in West Virginia. Join other alumni on November 13, 2019, to help us increase gift totals and program support to increase the amount raised by another \$10,000.

The Greatest Needs Fund focuses on the College’s most critical areas, including student travel to conferences, sponsoring special programs and lectures for students and providing upgrades in technology. The next Day of Giving will be held November 13, 2019.

To give back please visit give.wvu.edu/cpass.



WVU held the second annual Day of Giving campaign on campus November 14, 2018.

✔ **Night Owl Challenge:** 17th of 46

✔ **Lunch Hour Challenge:** 9th of 46

✔ **Happy Hour Participation Challenge:** 20th of 46

✔ **Participation Leaderboard:** 100 gifts

✔ **Amount Raised Leaderboard:** 20th of 46

✔ College of Physical Activity and Sports Sciences
Dollar-for-Dollar Match: **\$500 MATCHED**

✔ College of Physical Activity and Sports Sciences
Dollar-for-Dollar Match: **\$2,000 MATCHED** by
Moe and Janie Rubenstein ♡

Alumni Briefs

Courtney Brady, Sport and Exercise Psychology (2018), was accepted into the Temple University Master of Science Kinesiology-Integrative Exercise Physiology program.

Autry Parker Brantley, sport management master’s (2012), is celebrating his fourth year as director, international and college scouting for Windsor Express for the National Basketball League of Canada.

Alex Brucki, sport management (2012), is manager, Business Leadership for NFL Partnerships and Athlete Marketing for Momentum.

Carl Disher, sport management master’s (2018), was accepted into the Doctor of Strategic Leadership program with Liberty University.

Brian Guthrie, strength and conditioning minor (2017), will begin his PhD at George Mason University this fall.

Sally Walker, physical education graduate, was named as the Big 12 liaison to softball umpires. Walker also serves as the liaison to NCAA umpiring committees.

Stay connected and share your news for the next CPASS magazine by visiting connecttowvu.com/cpass. ♡

2018 CPASS Hall of Fame Inductees

The WVU College of Physical Activity and Sport Sciences inducted four graduates into the 2018 Hall of Fame and named Outstanding Alumnus and Distinguished Service Award recipients on October 19, 2018, at the Erickson Alumni Center.

Those honored include Tracy Schoenadel, David Taylor, Deborah Thorpe and Rick Tucci. The College honored David Dzewaltowski with the Outstanding Alumnus award and Andrew Hawkins with the Distinguished Service Award.

TRACY L. SCHOENADEL

Schoenadel earned her BSPE (1987), PETE degree and MS (1989) PE degree from WVU. She joined SMG Insight in 2015, moving from Kantar Media, where she was vice president of the U.S. office for sports intelligence. From 2000 to 2007, she was the executive director of the industry-leading ESPN Sports Poll. Schoenadel has held numerous academic positions and written chapters addressing the methodologies of sponsorship research. Schoenadel was the original managing editor of Sport Marketing Quarterly and is one of the leading authorities in sport marketing and sponsorship research. At SMG Insight/YouGov, Schoenadel oversees the North American and Australian territories from her New York City office. During her academic studies in Morgantown, Schoenadel worked nine years at the WVU Football office, providing support of administrative duties related to recruiting and eligibility.

DAVID S. TAYLOR

Taylor is the director of leadership and business operations for LDR. He earned his bachelor's degree in physical education with a minor in athletic training from WVU in 1996. He was a distinguished military graduate from WVU Army ROTC in 1997, when he received his commission as an infantry officer. Taylor served for 24 years as an Army Ranger in the United States Army. He spent most of his career in the special operations forces, serving with the Army's elite 75th Ranger Regiment and the Joint Special Operation Command. In his military career, Taylor held multiple leadership positions in various environments from stateside to Iraq and Afghanistan and was deployed to combat eight times. While serving in the Pentagon, Taylor was involved daily in aiding our nation's most senior civilian and military leadership with decision-making. Taylor was awarded the Legion of Merit and four Bronze Star medals.

DEBORAH E. THORPE

Thorpe received her bachelor's degree in elementary education (1979) and her master's in motor development and motor learning (1983) from WVU. She received her physical therapy degree from the University of New England (1988) and her PhD from the Medical College of Pennsylvania and Hahnemann University (1998). Thorpe is an associate professor in the School of Medicine, University of North Carolina, Chapel Hill, having served there for 20 years. She has received numerous awards, including the American Physical Therapy Association, Academy of Pediatric Physical Therapy Anniversary Award (2013) and the APTA Aquatic Section, Richard Ruoti Award for Excellence in Research (2015). Her research focuses on prevention of secondary conditions through fitness and physical activity for persons with developmental disabilities across the lifetime.

RICHARD E. TUCCI

Tucci received a bachelor's degree in physical education and biology (1966) and a master's in physical education (1967) from WVU. He wrestled under Coach Steve Harrick and helped coach as a graduate assistant. He taught school in Miami for 39 years and spent 10 years as a teacher and coach at Miami Dade Community College. He received his international license (1973) and has served as head official for every Olympic and World Team trial since 1980. He received the Golden Whistle as the Outstanding International Official of the Year (1988 Olympics). Tucci has served as president of the U.S. wrestling officials' association since 1988. He received the USA Wrestling Man of The Year (1997) and was inducted into the National Distinguished Hall of Fame (1994), National High School Hall of Fame (2011), National Junior College Hall of Fame (1984), Florida Wrestling School Hall of Fame (2000) and International World Wrestling Olympic Hall of Fame (2016).



Pictured (left to right) Richard Tucci, Deborah Thorpe, David Taylor, Tracy Schoenadel, David Dzewaltowski and Andrew Hawkins.

ANDREW H. HAWKINS, DISTINGUISHED SERVICE AWARD

Hawkins received his undergraduate degree from Slippery Rock University and master's and doctoral degrees at the Ohio State University, where he studied special physical education, behavior analysis and developmental psychology. He taught in Montgomery County, MD, at Morgan State University in Baltimore and found his academic home at WVU from 1980-2012. Hawkins served as PETE program coordinator, CPASS graduate coordinator, chair of the faculty review committee and chair of the WVU Graduate Council. He served on the editorial board of the Journal of Teaching in Physical Education and on the board of directors of the National Association of Kinesiology in Higher Education. Hawkins served as faculty advisor for Campus Crusade for Christ for 31 years. An ordained pastor in the Christian and Missionary Alliance, he was the founding pastor of C2: The College Church and founded a community theological study center. He is the senior pastor of The Village Church at Shell Point in Fort Myers, FL.

DAVID A. DZEWALTOWSKI, 2018 OUTSTANDING ALUMNUS

Dzewaltowski earned his MS (1985) PE degree from WVU. He is an accomplished population health social scientist and higher education administrator. His research identified strategies that built the capacity to influence the conditions of community places to learn, play and promote physical activity and healthful eating. His laboratory has had more than \$10 million of support from several health foundations, the USDA and the National Institutes of Health. He has served in the U.S. and internationally on review boards, including the Kansas Governor's Council on Fitness, Exercise and Sport Science Reviews, NIH and the National Academy of Sciences. At KSU, Dzewaltowski led organizational improvement in higher education as head of the Department of Kinesiology and director, Community Health Institute, for more than 20 years. He is the Endowed Community Chair for Activity, Nutrition and Obesity at the University of Nebraska Medical Center and the Buffett Early Childhood Institute. He is a Fellow of the National Academy of Kinesiology. ♣

In Memoriam



ROBERT DEPROSPERO, 80

Robert DeProspero was a Morgantown native, College of Physical Activity and Sport Sciences Hall of Famer and WVU Alumni Association Academy of Distinguished Alumni member.

As a former assistant director and special agent in charge of the Presidential Protective Division, United States Secret Service, DeProspero was responsible for planning, organizing, coordinating and directing the protection of U.S. presidents and members of their family. He was assigned to protect former Presidents Eisenhower, Johnson, Ford, Carter and Reagan.

DeProspero held numerous awards, including United States Treasury Meritorious Award for Extraordinary Performance, Special Achievement Award and Outstanding West Virginia Italian-American Award. He earned a Bachelor of Physical Education (1959) and a Master of Education (1960) from WVU. He was also the former president of O'Gara Protective Services, Inc., a multimillion-dollar organization providing security counsel to governments and corporations.

DeProspero died March 4, 2019, at the age of 80. ♡

- Charles Barno**
Physical Education '61. Washington, PA, August 8, 2018
- Thomas S. Baur**
Physical Education '79. Lexington, VA, August 23, 2018
- Mary L. Bentzel**
Physical Education '69. Greenville, SC, August 5, 2018
- Larry G. Bolyard**
Physical Education '62. Keyser, WV, May 10, 2019
- Marietta H. Boswell**
Physical Education '54. Mount Airy, MD, September 20, 2019
- Anna P. Cooper**
Athletic Coaching Education '09. Morgantown, WV, February 25, 2019
- Larry L. Crago**
Physical Education '64. Pittsburgh, PA, May 19, 2019
- Robin L. Hayhurst**
Physical Education '82. Orlando, FL, December 14, 2018
- Carol M. James**
Physical Education '63. Mebane, NC, May 7, 2019
- Robert E. Jamison**
Physical Education '51. Edinboro, PA, December 25, 2018
- Earl D. Johnson**
Physical Education '58. Sophia, WV, March 25, 2019
- Aaron D. Jones**
Sport Management '04. Morgantown, WV, December 17, 2018
- William T. Kerns**
Physical Education '72. Fairmont, WV, August 8, 2018
- James E. Lawrence**
Physical Education '82. Fairmont, WV, July 28, 2018
- Charles L. Layman**
Physical Education '67. Tallahassee, FL, December 7, 2018
- Walter D. Lee**
Physical Education '52. Denton, MD, March 11, 2019
- Demie J. Mainieri**
Physical Education '52. Baton Rouge, LA, March 13, 2019

- Rickey J. Mazza**
Physical Education '66. Salisbury, NC, January 25, 2019
- James B. McClung**
Sport Management '04. Charlotte, NC, April 7, 2019
- Richard R. McLeary**
Physical Education '64. Ligonier, PA, November 28, 2018
- Robert F. McWhorter**
Physical Education '54. Fairmont, WV, September 1, 2018
- Austen W. Moore**
Sport Management '14. Elkins, WV, August 25, 2018
- Mariuna Morrison**
Physical Education '62. Salisbury, MD, September 18, 2018
- Frances B. Plava**
Physical Education '54. Copely, OH, September 10, 2018
- Paul Perkovich**
Physical Education '89. Joppa, MD, September 23, 2018
- Carolyn M. Poole**
Physical Education '63. Arlington, VA, October 5, 2018
- Fredrick W. Schrom**
Physical Education '64. War, WV, September 17, 2018
- Joseph E. Spiker**
Safety Studies '81. Greensboro, PA, March 31, 2019
- Philip D. Turner**
Physical Education '58. Masontown, WV, August 16, 2018
- Drew A. Wierman**
Physical Education '69. Hollidaysburg, PA, May 7, 2019
- Jean P. Wiseman**
Physical Education '48. Brookville, PA, February 22, 2019
- Ronald A. Yeskey**
Physical Education '69. Greensburg, PA, May 10, 2019
- Frank P. Zencuch**
Physical Education '71. Bonita Springs, FL, April 9, 2019

The Last Word: **Jerry West**

President Donald Trump announced in June that 81-year-old basketball legend and WVU alum Jerry West will receive the Presidential Medal of Freedom.

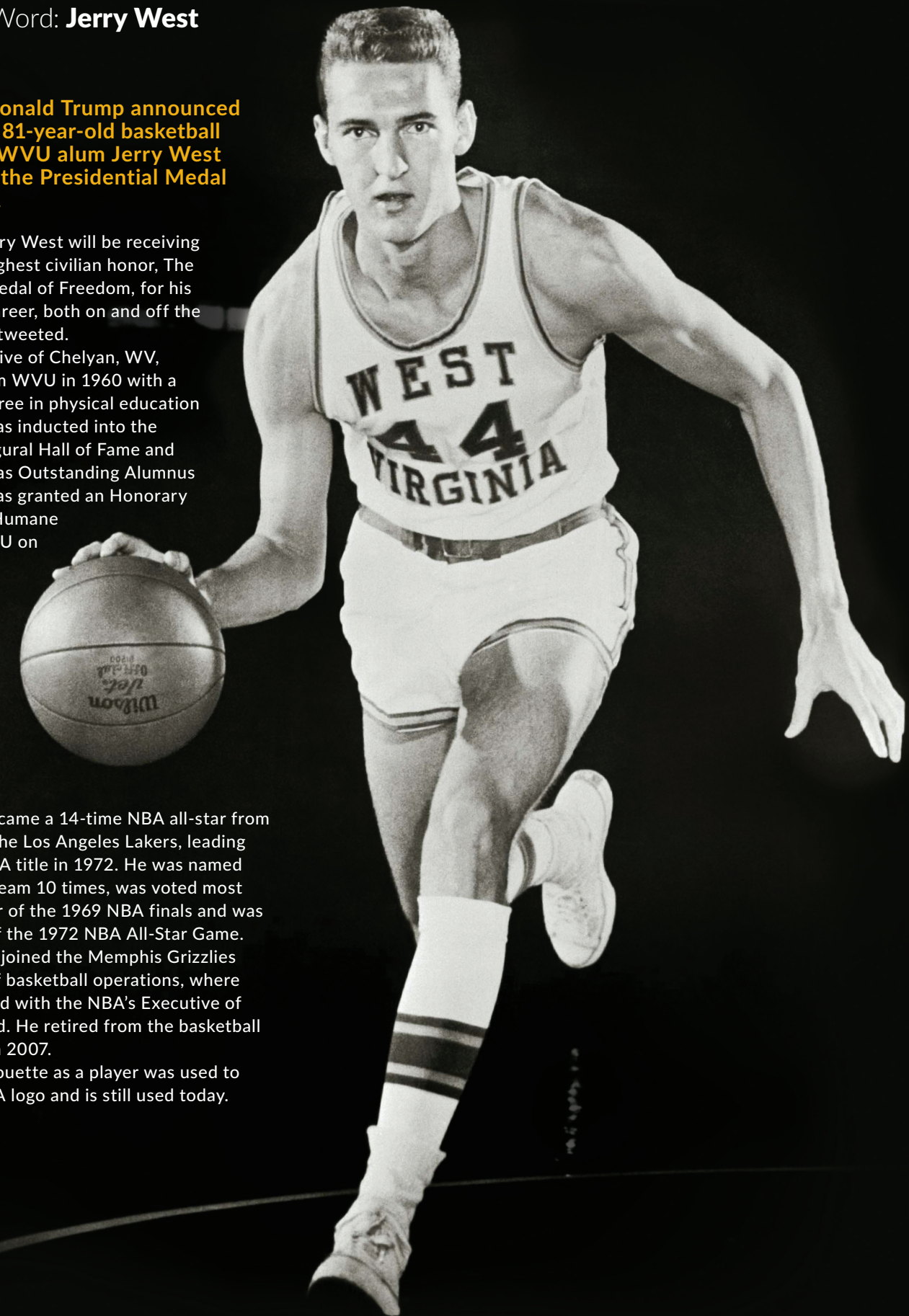
"The Great Jerry West will be receiving our nation's highest civilian honor, The Presidential Medal of Freedom, for his outstanding career, both on and off the court," Trump tweeted.

West, a native of Chelyan, WV, graduated from WVU in 1960 with a bachelor's degree in physical education and in 1988 was inducted into the College's inaugural Hall of Fame and then selected as Outstanding Alumnus in 2006. He was granted an Honorary Doctorate of Humane Letters by WVU on May 14, 2006.

West was a two-time All-American player at WVU who led the Mountaineers to the 1959 NCAA finals in Louisville, KY.

He later became a 14-time NBA all-star from 1961-74 with the Los Angeles Lakers, leading them to an NBA title in 1972. He was named All-NBA first team 10 times, was voted most valuable player of the 1969 NBA finals and was named MVP of the 1972 NBA All-Star Game. In 2002, West joined the Memphis Grizzlies as president of basketball operations, where he was honored with the NBA's Executive of the Year Award. He retired from the basketball organization in 2007.

West's silhouette as a player was used to create the NBA logo and is still used today.



Mark Your *Calendar*

CPASS Homecoming Tailgate

Saturday, October 5, 2019
Time TBA, WVU Tailgate Club
(outside north end zone, Milan Puskar Stadium)

CPASS Wall of Honor Update Ceremony

Thursday, October 31, 2019
2-3 P.M., CPASS Main Lobby

Steelcase Active Learning Center Unveiling

Thursday, October 31, 2019
3-3:30 P.M., CPASS Active Learning Classroom

Student Mentoring Session

Thursday, October 31, 2019
3:45-4:45 P.M.,
Steelcase Active Learning Classroom

CPASS Hall of Fame Induction Ceremony

Friday, November 1, 2019
6 P.M. Reception, 7 P.M. Ceremony,
Erickson Alumni Center

CPASS Visiting Committee Fall Meeting

October 31 – November 2, 2019
WVU Morgantown campus

Third WVU Day of Giving

Wednesday, November 13, 2019 (24 hrs.)
dayofgiving.wvu.edu

CPASS.WVU.EDU

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For more information on upcoming events, visit cpass.wvu.edu.